

Katherine K. Tineo-Komatsu, LCSW, RYT

| 917.400.2433 | katherine.tineo@gmail.com |

EDUCATION:

Columbia School of Social Work, New York, NY

Master of Science in Social Work, May 2013

Brown University, Providence, RI

Bachelor of Arts in Africana Studies, May 2009

Study Abroad: Facultad Latino Americana de Ciencias Sociales in Dominican Republic, 2007-2008

Languages: Spanish & English

PROFESSIONAL EXPERIENCE:

New York Presbyterian Hospital, Family PEACE Trauma Center

New York, NY

Yoga Therapist

February 2021—Present

- Develop and facilitate yoga and social emotional learning support groups for children ages 4.5 to 10 years old.
- Provide individual yoga sessions to support caregivers and their children.

Mount Sinai Hospital, REACH Program

New York, NY

Social Work Supervisor

October 2019—January 2022

- Provide coordination of care and clinical support to patients of the REACH Program.
- Supervise LMSW staff on the REACH team and provide social work consultation to LEAP Program.
- Develop trainings for interdisciplinary clinical team on behavioral health topics, including trauma-informed care in primary care and motivational interviewing.
- Develop wellness initiatives for staff and patient community, including yoga workshops and groups.
- Co-design and co-facilitate REACH Program's Racial Justice Initiative.

Katherine Tineo-Komatsu

New York, NY

Owner/Sole Proprietor

July 2019—Present

- Provide consulting services to organizations in the human service, education, and healthcare industries.
- Develop, implement, and facilitate training curriculums for professionals in the human service, education, and healthcare industries.
- Develop and provide wellness facilitation programming for professionals and clients in the human service, education, and healthcare industries.

Atmosphere Academy Public Charter School

Bronx, NY

Social Work Coordinator

August 2017—July 2019

- Supervise a team of social workers, social work interns, and other social-emotional supportive staff who provide workshops, group/individual counseling, attendance outreach, resource planning and parental engagement efforts.
- Collaborate and meet with leadership to develop innovative programming from a social-emotional and psychological perspective for students.
- Collaborate with other school teams on intervention planning for student's academic, behavior, and social emotional progress.
- Coordinate parent and staff workshops focusing on social-emotional development and psychological well-being.
- Coordinate with outside agencies and community organizations to meet the needs of students, families, and the school.
- Provide individual, family, and group supportive counseling, teacher consultations, individual assessments of student social-emotional progress, and classroom behavior.

Columbia University School of Social Work
Adjunct Lecturer

New York, NY
March 2016—Present

- Develop, implement, evaluate, and facilitate course curriculums for graduate-level social work students on the following:
 - Foundations: Decolonizing Social Work; Motivational Interviewing; Advanced Generalist Practice and Programming; Program Development & Proposal Writing; Supervision & Staff Development.

Village Care AIDS Adult Day Health Care Program
Bilingual Social Worker

New York, NY
Nov 2013—July 2017

- Provided culturally appropriate individual and group interventions to address mental health, social, emotional, behavioral, developmental and substance abuse needs.
- Conducted psychosocial, case management and substance abuse assessments.
- Developed care plans with interdisciplinary team to coordinate person's goals, interventions, and services.
- Completed documentation according to agency and AIDS Institute standards.
- Oriented and trained new staff members on program policies and procedures.
- Trained all clinical staff on the use of Motivational Interviewing.

PUBLICATIONS

- Dunham K, Giardina M, Skovran D, Sigel K, Kolod B, Leocadio C, Toribio W, Tineo-Komatsu K, Handman G, McBratney E, Weiss J. (2020). 484. The Impact of COVID-19 on an Outpatient HCV Testing and Treatment Program in New York City: A Natural Experiment in Sudden HCV Treatment Simplification. *Hepatology*, 72(1), 303A.
- Dunham K, Giardina M, Kolod B, McBratney E, Medina Blanco P, Riazi F, Tineo-Komatsu K, Toribio W, Wang L, Woods E, Weiss J. Transitioning Clinical Care for People Who Use Drugs to Telemedicine: Lessons Learned One Year into the COVID-19 Pandemic. *Telemed J E Health*. 2021 Aug;27(8):929-933. doi: 10.1089/tmj.2021.0130. Epub 2021 May 24. PMID: 34030466.

PROFESSIONAL PRESENTATIONS

- **Jamaica Hospital, New York, NY**
 - Motivational Interviewing – For Patient Navigators, 2022
- **Central New York Area Health Education Center, Canton, NY**
 - Uniting Across Differences: Yoga as a Tool for Coping During COVID-19, 2022
 - Working Across Differences: Motivational Interviewing as a Tool for Change and Connection During COVID-19, 2022
 - Treatment and Recovery Options for Substance Use Disorders, 2022
 - Supporting Your Community During the Opioid Crisis, 2022
- **Mount Sinai Health System – Clinical Education Initiative, New York, NY**
 - Anti-Racism and Harm Reduction, 2022
 - Trauma-Informed Care for People Who Use Drugs, 2022
- **Department of Health & Mental Hygiene – Center for Health Equity, New York, NY**
 - Motivational Interviewing – For Community Health Workers, 2022
 - Motivational Interviewing – For Community Health Workers, 2020
 - Motivational Interviewing: Helping People Change – For Community Health Workers, 2019
- **The Metropolitan Museum of Art, New York, NY**
 - Keynote Speaker – Radical Ways of Being: Art, SEL, Disability, & Social Justice, 2021
- **The Guggenheim Museum, New York, NY**
 - Collective Care: Art, SEL, Identity, & Social Justice, 2021
- **Columbia School of Social Work Office of Professional Development, New York, NY**
 - Connecting to Your Inner Child: Using Play-Based Interventions with Youth, 2021
- **National Association of Social Workers (NASW) – NYC Chapter, New York, NY**
 - Honor, Respect, and Dignity: Approaching Harm Reduction through a Social Justice Lens, 2021
- **Museum of Modern Art, New York, NY**
 - Using Art as a Tool of Critical Pedagogy, 2022
 - Keynote Speaker – Art and Social Emotional Learning, 2022
 - Using Art as a Tool for Critical Pedagogy & Liberatory Practice, 2021

- Keynote Speaker – Seen & Unseen: Re-imagining Sites/Sights of Inquiry-Based Learning in Arts Education, 2021
- MoMA Educator Dialogue: Exploring Identity & Social Emotional Development, 2020
- Art as a Tool for Social Emotional Learning: Exploring Identity, 2020
- Art as a Tool for Social Emotional Learning, 2019
- **Mount Sinai Health System – Department of Social Work Services, New York, NY**
 - Honor, Respect, and Dignity: Approaching Harm Reduction through a Social Justice Lens, 2020
- **School Social Workers Association of America, London, KY**
 - Finding Pleasure & Resilience Through Self-Care: Coping with COVID-19, 2020
- **NYC Department of Education – District 1 Professional Development Workshop, New York, NY**
 - Connecting to Your Own Inner Child: Utilizing Play-Based Interventions with Young People, 2019
- **School Social Work Association of America – National School Social Work Conference, Orlando, FL**
 - Connecting to Your Own Inner Child: Utilizing Play-Based Interventions with Young People, 2019
- **Columbia School of Social Work – Fourth Annual School Social Work Conference, New York, NY**
 - Connecting to Your Own Inner Child: Utilizing Play-Based Interventions with Young People, 2018

PROFESSIONAL DEVELOPMENT

- **Iya Affo, Mesa, AZ**
 - Historical Trauma Specialist Certification Program – Level 1, 2021
 - Historical Trauma Specialist Certification Program – Level 2, 2022
- **Columbia School of Social Work, New York, NY**
 - Somatic Healing for Social & Historical Trauma, 2021
 - Somatic Healing for Internalized Oppression, 2021
- **New York University Silver School of Social Work, New York, NY**
 - Anti-Racist & Multicultural Practice Conference: Clinical Implications of Racial Trauma, 2021
- **National Institute for the Clinical Application of Behavioral Medicine, New York, NY**
 - Treating Trauma Master Series, 2020
- **Buffalo Center for Social Research & The AIDS Institute, New York State**
 - Trauma-Informed Care Capacity Building Initiative, 2020
- **The Pillars/CMC Foundation for Change, New York, NY**
 - Mindful Self-Compassion Skills Training Workshop, 2020
- **Columbia School of Social Work, New York, NY**
 - Institute on Technical Skills for Online Event Production, 2020
 - Institute on Pedagogy and Technology for Online Courses, 2020
- **Acosta Consulting, LLC, New York, NY**
 - Contemplating 400 Years of Inequality Facilitator Training: Contemplative Practitioner Education, 2020
- **Multiple Avenues to Success, New York, NY**
 - Trauma Informed Care, Part 1, 2020
 - Health and Social Justice, 2020
- **Yinsa, New York, NY**
 - Yin Yoga Foundations: 25-Hour Module, 2019
- **Breathe For Change, New York, NY**
 - Yoga Teacher and Social Emotional Learning & Facilitation Certification Program, 2019
- **Embodied Philosophy, New York, NY**
 - Oppression, Privilege, and Spiritual Practice, 2019
- **Columbia School of Social Work, New York, NY**
 - From Practitioner to Executive: The Skills to Success – Series, 2019
 - Mindfulness in Clinical Settings, 2019
 - School Social Work Conference – Building Cultural Humility: Practices & Approaches, 2019
- **School Social Work Association of America, Orlando, FL**
 - National School Social Work Conference, 2019
- **NYC Department of Health & Mental Hygiene, New York, NY**
 - Mental Health First Aid – Adults, 2018

- **Border Crossers, New York, NY**
 - Talking About Race in the Classroom, 2018
- **NYC Department of Health & Mental Hygiene – Office of School Health Adolescent Unit, New York, NY**
 - School Based Mental Health Orientation, 2018
- **Columbia School of Social Work, New York, NY**
 - Engaging Young People with Leadership, Voice, and Change, 2018
- **Columbia School of Social Work, New York, NY**
 - Transformations, Transitions, and Transparency: An Exploration of Gender Identity and Expression, 2017
- **Bank Street College, New York, NY**
 - School Violence Prevention, 2017
 - Dignity for All Students Act, 2017
- **MPG Consulting, New York, NY**
 - Motivational Interviewing in Clinical Social Work Practice, 2016
- **The New School, New York, NY**
 - Integrative Harm Reduction Psychotherapy Certificate Program, 2015-2016
- **Columbia School of Social Work, New York, NY**
 - Seminar in Field Instruction, 2015
- **New York State Office of Alcoholism & Substance Abuse Services, Goshen, NY**
 - Trauma Informed Care: Creating an Awareness Perspective, 2014

PROFESSIONAL MEMBERSHIPS

- Member, Yoga Alliance, 2019-Present
- Member, National Association of Social Workers New York City Chapter, 2013-Present
- Founding Member, SSWAA Practitioners of Color Committee, 2019-2020
- Member, School Social Work Association of America (SSWAA), 2018-2020
- Member, New York State School Social Workers Association, 2018-2020