

# Katherine K. Tineo-Komatsu, LCSW, RYT

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## **EDUCATION:**

**Columbia School of Social Work, New York, NY**

Master of Science in Social Work, May 2013

**Brown University, Providence, RI**

Bachelor of Arts in Africana Studies, May 2009

**Study Abroad:** Facultad Latino Americana de Ciencias Sociales in Dominican Republic, 2007-2008

**Languages:** Spanish & English

## **PROFESSIONAL EXPERIENCE:**

**New York Presbyterian Hospital, Family PEACE Trauma Center**

New York, NY

*Yoga Therapist*

February 2021—Present

- Develop and facilitate yoga and social emotional learning support groups for children ages 4.5 to 10 years old.
- Provide individual yoga sessions to support caregivers and their children.

**Mount Sinai Hospital, REACH Program**

New York, NY

*Social Work Supervisor*

October 2019—January 2022

- Provide coordination of care and clinical support to patients of the REACH Program.
- Supervise LMSW staff on the REACH team and provide social work consultation to LEAP Program.
- Develop trainings for interdisciplinary clinical team on behavioral health topics, including trauma-informed care in primary care and motivational interviewing.
- Develop wellness initiatives for staff and patient community, including yoga workshops and groups.
- Co-design and co-facilitate REACH Program's Racial Justice Initiative.

**Katherine Tineo-Komatsu**

New York, NY

*Owner/Sole Proprietor*

July 2019—Present

- Provide consulting services to organizations in the human service, education, and healthcare industries.
- Develop, implement, and facilitate training curriculums for professionals in the human service, education, and healthcare industries.
- Develop and provide wellness facilitation programming for professionals and clients in the human service, education, and healthcare industries.

**Atmosphere Academy Public Charter School**

Bronx, NY

*Social Work Coordinator*

August 2017—July 2019

- Supervise a team of social workers, social work interns, and other social-emotional supportive staff who provide workshops, group/individual counseling, attendance outreach, resource planning and parental engagement efforts.
- Collaborate and meet with leadership to develop innovative programming from a social-emotional and psychological perspective for students.
- Collaborate with other school teams on intervention planning for student's academic, behavior, and social emotional progress.
- Coordinate parent and staff workshops focusing on social-emotional development and psychological well-being.
- Coordinate with outside agencies and community organizations to meet the needs of students, families, and the school.
- Provide individual, family, and group supportive counseling, teacher consultations, individual assessments of student social-emotional progress, and classroom behavior.

- Develop, implement, evaluate, and facilitate course curriculums for graduate-level social work students on the following:
  - Foundations: Decolonizing Social Work; Motivational Interviewing; Advanced Generalist Practice and Programming; Program Development & Proposal Writing; Supervision & Staff Development.

**Village Care AIDS Adult Day Health Care Program**  
**Bilingual Social Worker**

New York, NY  
Nov 2013—July 2017

- Provided culturally appropriate individual and group interventions to address mental health, social, emotional, behavioral, developmental and substance abuse needs.
- Conducted psychosocial, case management and substance abuse assessments.
- Developed care plans with interdisciplinary team to coordinate person's goals, interventions, and services.
- Completed documentation according to agency and AIDS Institute standards.
- Oriented and trained new staff members on program policies and procedures.
- Trained all clinical staff on the use of Motivational Interviewing.

**PUBLICATIONS**

- Dunham K, Giardina M, Skovran D, Sigel K, Kolod B, Leocadio C, Toribio W, Tineo-Komatsu K, Handman G, McBratney E, Weiss J. (2020). 484. The Impact of COVID-19 on an Outpatient HCV Testing and Treatment Program in New York City: A Natural Experiment in Sudden HCV Treatment Simplification. *Hepatology*, 72(1), 303A.
- Dunham K, Giardina M, Kolod B, McBratney E, Medina Blanco P, Riazi F, Tineo-Komatsu K, Toribio W, Wang L, Woods E, Weiss J. Transitioning Clinical Care for People Who Use Drugs to Telemedicine: Lessons Learned One Year into the COVID-19 Pandemic. *Telemed J E Health*. 2021 Aug;27(8):929-933. doi: 10.1089/tmj.2021.0130. Epub 2021 May 24. PMID: 34030466.

**PROFESSIONAL PRESENTATIONS**

- **Central New York Area Health Education Center, Canton, NY**
  - Uniting Across Differences: Yoga as a Tool for Coping During COVID-19, 2022
  - Working Across Differences: Motivational Interviewing as a Tool for Change and Connection During COVID-19, 2022
  - Treatment and Recovery Options for Substance Use Disorders, 2022
  - Supporting Your Community During the Opioid Crisis, 2022
- **Mount Sinai Health System – Clinical Education Initiative, New York, NY**
  - Anti-Racism and Harm Reduction, 2022
  - Trauma-Informed Care for People Who Use Drugs, 2022
- **Department of Health & Mental Hygiene – Center for Health Equity, New York, NY**
  - Motivational Interviewing – For Community Health Workers, 2022
  - Motivational Interviewing – For Community Health Workers, 2020
  - Motivational Interviewing: Helping People Change – For Community Health Workers, 2019
- **The Metropolitan Museum of Art, New York, NY**
  - Keynote Speaker – Radical Ways of Being: Art, SEL, Disability, & Social Justice, 2021
- **The Guggenheim Museum, New York, NY**
  - Collective Care: Art, SEL, Identity, & Social Justice, 2021
- **Columbia School of Social Work Office of Professional Development, New York, NY**
  - Connecting to Your Inner Child: Using Play-Based Interventions with Youth, 2021
- **National Association of Social Workers (NASW) – NYC Chapter, New York, NY**
  - Honor, Respect, and Dignity: Approaching Harm Reduction through a Social Justice Lens, 2021
- **Museum of Modern Art, New York, NY**
  - Keynote Speaker – Art and Social Emotional Learning, 2022
  - Using Art as a Tool for Critical Pedagogy & Liberatory Practice, 2021
  - Keynote Speaker – Seen & Unseen: Re-imagining Sites/Sights of Inquiry-Based Learning in Arts Education, 2021
  - MoMA Educator Dialogue: Exploring Identity & Social Emotional Development, 2020

- Art as a Tool for Social Emotional Learning: Exploring Identity, 2020
- Art as a Tool for Social Emotional Learning, 2019
- **Mount Sinai Health System – Department of Social Work Services, New York, NY**
  - Honor, Respect, and Dignity: Approaching Harm Reduction through a Social Justice Lens, 2020
- **School Social Workers Association of America, London, KY**
  - Finding Pleasure & Resilience Through Self-Care: Coping with COVID-19, 2020
- **NYC Department of Education – District 1 Professional Development Workshop, New York, NY**
  - Connecting to Your Own Inner Child: Utilizing Play-Based Interventions with Young People, 2019
- **School Social Work Association of America – National School Social Work Conference, Orlando, FL**
  - Connecting to Your Own Inner Child: Utilizing Play-Based Interventions with Young People, 2019
- **Columbia School of Social Work – Fourth Annual School Social Work Conference, New York, NY**
  - Connecting to Your Own Inner Child: Utilizing Play-Based Interventions with Young People, 2018

## **PROFESSIONAL DEVELOPMENT**

- **Iya Affo, Mesa, AZ**
  - Historical Trauma Specialist Certification Program – Level 1, 2021
  - Historical Trauma Specialist Certification Program – Level 2, 2022
- **Columbia School of Social Work, New York, NY**
  - Somatic Healing for Social & Historical Trauma, 2021
  - Somatic Healing for Internalized Oppression, 2021
- **New York University Silver School of Social Work, New York, NY**
  - Anti-Racist & Multicultural Practice Conference: Clinical Implications of Racial Trauma, 2021
- **National Institute for the Clinical Application of Behavioral Medicine, New York, NY**
  - Treating Trauma Master Series, 2020
- **Buffalo Center for Social Research & The AIDS Institute, New York State**
  - Trauma-Informed Care Capacity Building Initiative, 2020
- **The Pillars/CMC Foundation for Change, New York, NY**
  - Mindful Self-Compassion Skills Training Workshop, 2020
- **Columbia School of Social Work, New York, NY**
  - Institute on Technical Skills for Online Event Production, 2020
  - Institute on Pedagogy and Technology for Online Courses, 2020
- **Acosta Consulting, LLC, New York, NY**
  - Contemplating 400 Years of Inequality Facilitator Training: Contemplative Practitioner Education, 2020
- **Multiple Avenues to Success, New York, NY**
  - Trauma Informed Care, Part 1, 2020
  - Health and Social Justice, 2020
- **Yinsa, New York, NY**
  - Yin Yoga Foundations: 25-Hour Module, 2019
- **Breathe For Change, New York, NY**
  - Yoga Teacher and Social Emotional Learning & Facilitation Certification Program, 2019
- **Embodied Philosophy, New York, NY**
  - Oppression, Privilege, and Spiritual Practice, 2019
- **Columbia School of Social Work, New York, NY**
  - From Practitioner to Executive: The Skills to Success – Series, 2019
  - Mindfulness in Clinical Settings, 2019
  - School Social Work Conference – Building Cultural Humility: Practices & Approaches, 2019
- **School Social Work Association of America, Orlando, FL**
  - National School Social Work Conference, 2019
- **NYC Department of Health & Mental Hygiene, New York, NY**
  - Mental Health First Aid – Adults, 2018
- **Border Crossers, New York, NY**
  - Talking About Race in the Classroom, 2018
- **NYC Department of Health & Mental Hygiene – Office of School Health Adolescent Unit, New York, NY**

- School Based Mental Health Orientation, 2018
- **Columbia School of Social Work, New York, NY**
  - Engaging Young People with Leadership, Voice, and Change, 2018
- **Columbia School of Social Work, New York, NY**
  - Transformations, Transitions, and Transparency: An Exploration of Gender Identity and Expression, 2017
- **Bank Street College, New York, NY**
  - School Violence Prevention, 2017
  - Dignity for All Students Act, 2017
- **MPG Consulting, New York, NY**
  - Motivational Interviewing in Clinical Social Work Practice, 2016
- **The New School, New York, NY**
  - Integrative Harm Reduction Psychotherapy Certificate Program, 2015-2016
- **Columbia School of Social Work, New York, NY**
  - Seminar in Field Instruction, 2015
- **New York State Office of Alcoholism & Substance Abuse Services, Goshen, NY**
  - Trauma Informed Care: Creating an Awareness Perspective, 2014

### **PROFESSIONAL MEMBERSHIPS**

- Member, Yoga Alliance, 2019-Present
- Member, National Association of Social Workers New York City Chapter, 2013-Present
- Founding Member, SSWAA Practitioners of Color Committee, 2019-2020
- Member, School Social Work Association of America (SSWAA), 2018-2020
- Member, New York State School Social Workers Association, 2018-2020